

Mental Health Vocabulary Progression

<p>YEAR 2</p>	<p>Revisit and reinforce Year 1 vocabulary plus.....</p> <p>relaxed peaceful confused proud ashamed bored</p> <p>frustrated jealous grumpy confident nervous exhausted</p> <p>vulnerable rested balance confide</p>
<p>YEAR 1</p>	<p>Revisit and reinforce Foundation vocabulary plus.....</p> <p>emotion scared embarrassed frightened angry calm</p> <p>uncomfortable comfortable</p>
<p>FOUNDATION</p>	<p>feelings happy sad excited worried mental health</p>