



Preparing for Adulthood

At Dimple Well Infant School and Nursery we want to prepare all children for Adulthood. The Department for Education has identified 4 outcomes for children and young people with Special Educational Needs and Disabilities and they include:

- Employment
- Independent Living
- Community Inclusion
- Health

The outcomes have been organised into steps towards the outcomes which are broken down into different ages and stages of development, however, these will need to be considered in line with the individual child's needs. It is not a definitive list but a starting point to promote preparing the children for the next part of their journey to living an independent life in adulthood.

At Dimple Well Infant School and Nursery we will:

- Personalise these outcomes and focus them on the child's aspirations
- Acknowledge that children develop at different rates and may need more or less time to achieve the outcomes
- The outcomes will be used in review meetings to support development in all areas
- Activities will be planned and embedded in the curriculum and in everyday activities outside the classroom
- Raise aspirations and expectations and encourage thinking about what the future might look like for children from an early age
- Promote a focus on outcomes that are transferrable to the real world

Age	Early Years 0-4 year olds	Primary 5-7 year olds
Employment		
Steps towards outcomes	<ul style="list-style-type: none"> • Following instructions • Adapting to new environments • Playing with other children • Real world play (builder/nursery/doctor) 	<ul style="list-style-type: none"> • Numeracy • Meeting role models • What do you want to be when you grow up? • Real world visits (fire station, farms etc)
Independent Living		
Steps towards outcomes	<ul style="list-style-type: none"> • Feeding and drinking • Toileting • Getting dressed • Making choices • Real world (kitchen, DIY, cleaning) 	<ul style="list-style-type: none"> • Washing/brushing teeth • Telling the time • Paying in shops (supervised)
Community Inclusion		
Steps towards outcomes	<ul style="list-style-type: none"> • Making friends • Social interaction • Visits/day trips 	<ul style="list-style-type: none"> • Team playing • After school clubs • Weekend activities • Developing friendships/friendship groups
Health		
Steps towards outcomes	<ul style="list-style-type: none"> • Checks at birth (hearing etc) • Diet and food variety • 2 year old development check • Immunisations 	<ul style="list-style-type: none"> • Child obesity checks • Diet – making choices • Dentist school visit • Immunisations • Physical exercise