

DIMPLE WELL INFANT SCHOOL AND NURSERY



Sex and Relationships Policy

Context/Introduction

This policy outlines the purpose, nature and management of sex and relationships taught in our school.

Sex and relationship education is lifelong learning about social, physical, moral and emotional development, relationships, sex, human sexuality and sexual health. It is about the understanding of the importance of loving and caring relationships.

At Key Stage 1 Sex Education is not taught explicitly. We aim to develop sex and relationships in the context of a broad and balanced curriculum that is part of the wider framework for Personal, Social and Health Education and Citizenship. Sex and Relationship Education will be fully integrated into the curriculum.

Aims and Objectives for Sex and Relationship Education

The aim of SRE is to provide children with age appropriate information, explore attitudes and values and develop skills in order to empower them to make positive decisions about their health related behaviour.

SRE should enhance learning through:

- Attitudes and values
- Personal and social skills
- Knowledge and Understanding

Attitudes and values:

- Learning the importance of values, individual conscience and moral considerations
- Learning the value of family life within stable and loving relationships for the nature of the children
- Learning the value of respect, love and care
- Exploring, considering and beginning to understand moral dilemmas
- Developing critical thinking as part of decision making

Personal and social skills:

- Learning to manage emotions and relationships with confidence and sensitivity
- Developing self-respect and empathy for others
- Learning to make choices based on an understanding of differences and with an absence of prejudice
- Developing an appreciation of the consequences of choices made
- Managing conflict
- Developing skills in personal relationships, e.g. friendships, bullying, building of self-esteem, communication, assertiveness
- Helping children to understand that some touches can be welcomed and to resist unwanted touch

Knowledge and understanding

- Encourage the acceptance of physical development by providing age appropriate vocabulary for the sexual parts of the body and encouraging positive attitudes to all bodily function
- Generating an atmosphere where children feel safe to ask questions and raise concerns

Agreed procedure

We teach SRE through different aspects of the curriculum. Much of this teaching will take place in Personal Social and Health Education and Social Emotional Aspects of Learning sessions.

Other subject areas contribute significantly to children's knowledge and understanding of their bodies, particularly Science and PE.

SEAL themes are introduced through whole school assemblies and then further explored in class through discussions and practical activities. Discussions will be encouraged to allow children to share their emotions. Sometimes this will occur as a result of particular things that have happened at school or at home.

Working with parents

Children may be withdrawn by their parents from parts of the Relationship and Sex Education programme that are outside the compulsory elements of the National Curriculum.

Child Protection / Confidentiality

Teachers need to be aware that effective sex and relationship education, which brings an understanding of what is and is not acceptable in a relationship, may lead to disclosure of a child protection issue.

The staff member will inform the Head Teacher /Designated Safeguarding Lead in line with the LA procedures for child protection.

Use of language

Staff should introduce a safe, neutral vocabulary with which to communicate. They should acknowledge the words used at home and with friends but should negotiate the use of words at school that are acceptable to all concerned.

Dealing with difficult questions

Teachers will endeavour to answer questions as honestly as possible but if faced with a question they do not feel comfortable answering within the classroom, provision would be made to meet the individual child's needs.

Children with special needs

Teaching and resources will be differentiated as appropriate to address the needs of these children in order for them to have full access to the content of sex and relationship education.

Monitoring and Evaluation

Monitoring is the responsibility of the head teacher and all staff in school

The school will assess the effectiveness of the aims, content and methods in promoting students' learning by lesson observation, sampling teachers planning, questionnaires to teachers and children and feedback from parents as appropriate.

Links with other policies

PSHE & Citizenship

Equal Opportunities Policy

Safeguarding Policy

E-Safety Policy

Health and Safety Policy

Confidentiality Policy

Behaviour Policy

Anti Bullying Policy

Adopted by Governors 2nd March 2017

